

DECEMBER

2020

foundry church

*a heart for Bend
in the heart of Bend*

Our Anticipation



by Trevor Waybright

It is easy to get caught up in all of the complaining about 2020. It has been, by all accounts, an unusual year. We have been divided on so many issues, we have been forced to rethink how we 'do' church, and there still doesn't seem to be an end in sight. It seems pretty bad, right?

2000 years ago it was pretty bad in the nation of Israel. Things were less than ideal. The people were sharply divided along religious and political lines. The nation was under the tyrannical rule of Rome. There were protests and riots and uprisings consistently trying to throw off the Roman rule without success. It seemed hopeless. But for the people of Israel, there was a glimmer of hope. They had been promised years ago that there would be a King, the Messiah, who would sit on the throne of David, and make all things right. The people anticipated this promise coming true and that is what got them through so many difficult situations as a nation. They had hope. They anticipated the coming Messiah, so they could endure whatever hardship knowing He was coming. Then one night, shepherds were watching their flocks when an angel appeared and announced the birth

of the One! The Messiah was here! God with us! They went and saw the baby all wrapped up and laying in a food trough. He wasn't the type of Messiah that the political and religious leaders were hoping for, but that didn't change the fact that He was here. And he did make all things right. He went to the cross and rose again reconciling us to the Father forever, and now here we are...in a pandemic, in flux, in uncertain times. Now what?

Just as the Israelites were able to cling to hope through the midst of turmoil and strife, we can do the same thing but with even more knowledge. We know Jesus came. We believe in Him. We follow Him. We have His Word and we have each other. This is no time to panic! This is the time to let the world know in whom we have our hope! The more things get crazy, the more of an opportunity we have to show what it truly means to have our hope in Jesus! This advent season, let's not be down and depressed because things aren't as we're used to. Let's praise our God that we are living in a unique time in which we can let the light of the Gospel and it's hope shine through our lives into a confused and confounded world.

church info

60 NW Oregon
Bend, OR 97703
(541) 382-3862
info@foundrybend.org
www.foundrybend.org

at a glance

Due to the ongoing pandemic, many of our regular activities will be canceled or postponed until further notice.

- 05 ■ adoption potluck, 4pm
RSVP sara, 541-647-4718
- 06 ■ food pantry sunday
- 07 ■ elder meeting, 4:30pm
- 07 ■ high school & middle school youth group
- 08 ■ local missions meeting
- 14 ■ high school & middle school youth group
- 21 ■ elder meeting
- 21 ■ high school & middle school youth group
- 24 ■ candlelight service
- 25 ■ merry christmas

birthdays

- 01 ■ Jennie Asmussen
- 08 ■ Joyce Ross
- 10 ■ Mike Coughlin
- 16 ■ Louise Maley
- 17 ■ Pete Christoff
- 21 ■ Robert Poggione
- 24 ■ Wilma Johnson
- 28 ■ Rich Goeller
- 28 ■ Joy Waybright
- 31 ■ Esther Newton

If you would like to be added to our Birthday List, please email Joy, joy@foundrybend.org.

TEACHING

TREVOR@FOUNDRYBEND.ORG

WORSHIP

MARK@FOUNDRYBEND.ORG

local missions

Warming Shelter Opening Night By Ken Mays



Steve Martin invited me to join volunteers and staff for the opening night of the Bend Warming Shelter. Shepard's House Ministries is overseeing the project projected to serve up to 60 men, women, and children through the winter. The location is on 2nd Street right next to Bi-Mart at the old Opportunity Center.

The preparation for the warming shelter went fast, just signing a lease on the building last month and moving quickly to prepare the building for the residence. It took a year to find this location.

This evening, I found great organization with the very experienced Shepard's House staff. All volunteers had a job. My job was to talk to people who were standing outside in line to check on how they were doing. Steve checked folks as they came up to the entryway – checking temperatures – enforcing

face masks – pointing to the hand cleaners. Steve is really great at keeping folks at ease. The check-in process took about an hour and fifteen minutes – with minimal disruptions.

Each resident was brought into the building and assigned a cot with a covered mattress along with two large black and yellow containers for their personal items. A single blanket was issued. Dog kennels were available as needed.

First Presbyterian Church brought the meal for this evening. Much appreciated.

Many of you may identify with this process. It was like your first night at boot camp from the military – without someone yelling at you.

Shepard's House Ministries is the best organization to operate the warming shelters in Central Oregon – in Redmond as well as in Bend. Our friend, John Lodise, manages the Warming Shelter projects with funding from a range of organizations.

Let me share a writing from Cash Lowe, co-director of the Shepherd's House Ministries.

"There are a couple hundred references in scripture exhorting us to take special care of the

poor. Jesus (the most qualified teacher ever) called his disciples 'friends', and He treated those who were outcast as friends as well. Jesus ate and drank with the tax collectors and prostitutes. He touched the untouchable and He loved the unlovable.

The example of Jesus calls me to see the poor differently than I am inclined. To see them not from a one-up position but rather as equals, as desirable travel companions on the road to life.

When I begin to see the 'poor' not as people who need my help, but as true friends; when in my heart I begin to identify with rather than see 'them' as 'those' people; as I make this shift in my thinking and actions I believe I begin to open myself up to walk the way of Christ Jesus.

"Walking with the poor, who are our friends, is mutually transforming and announces to the world something radically new." Gregory Boyle

Thank you for walking with us as we strive to love the hurting and the broken of our world." - Cash Lowe

Thank you Foundry Church. Your gifts to Faith Promise help to support the Shepard's House Ministries.

cb northwest wildfire relief update

Dear Foundry Church,

On behalf of the entire CB Northwest (soon to be called Church Venture NW) team, I want to thank you for your generous gift towards the fire relief fund. Your gift will be distributed to the churches that have families that were affected by the fires. Thank you for serving these families in their desperate time of need.

By His Grace Alone,

Jamie Duncan



Foundry Church was able to send a total of \$3,075 to help in this effort.

kidztown/youth/misc

kidztown

by Joy Waybright

Wow! December already! We will be missing our Children's Christmas program this year but we will still be celebrating in Kidztown. Our theme for Kidztown in December is "Simply Christmas". We will be following the advent calendar, starting with Hope, then Joy, Love and wrapping up with Peace at the end of the month. It will be a great season.



Our Preschoolers will be combining the Christmas story with Christmas cookies for a fun way to learn about the birth of our Savior! Your kids won't want to miss this fun time in Kidztown.



We still have just enough volunteers to operate Kidztown so if you are a regular volunteer but have not yet jumped back in, we could use you; even if it is just as a sub. Please let me know if you can help in Kidztown or the nursery throughout December and moving into the new year.

youth ministry

by Joy Waybright

Our Middle and High School teens are still meeting each week on Monday nights. The middle school starts at 6:30 and goes until 8:00pm. The high school starts at 6:15 and goes until 8:30pm.

The high school group will continue to meet during the Christmas holiday and the middle school will be meeting as well with the exception of December 28th.

We ask that all of our youth and volunteers wear masks and practice social distancing while at group.

our daily bread christmas

Check at the Information Table this Sunday for a special booklet from Our Daily Bread, "The Peace and Promise of Christmas".

These are great little booklets to send with a special Christmas card. Quantities are limited so don't wait!



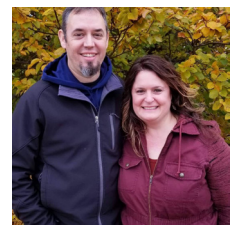
operation christmas child

A special thank you to all who packed shoeboxes for operation Christmas Child. We were able to take 218 boxes to the drop off site. Continue to pray for the logistics of delivery and those whose lives will be touched with God's love for them.

please vote



Don't forget, if you are a member of Foundry Church but have not yet voted, you have until December 6th at noon to get your vote in for: Steve Hendley as an Elder Jason Frye as our new Youth Pastor.



Due to the ongoing pandemic, you can vote in a variety of ways:

- mail in your vote
- email in your vote (info@founrybend.org)
- stop by the office and vote (M-Th, 9am-4pm)

Thank you to many of you who have already voted!

warm springs food drive

Once again, we are accepting donations for the Warm Springs food drive. Food for the students of Madras High School is more needed than ever before. If you would like to donate to this effort, you can do so on our website, or by check/cash marked for Madras Food/Warm Springs. We will be accepting donations through December 17th.

health ministry



By Becki Doden

As the holidays approach my head is spinning with how best to advise our congregation this Christmas season. Instead of visions of sugarplums dancing in my head, I have worries of the approaching flu season on top of COVID, what to believe on how to prevent their spread, and concerns for people isolated from friends and family instead of being overwhelmed with parties. I am just writing from my heart on some advice to get through "Holiday/Cold-Flu Season". First off, it is never a bad idea to boost our immune systems by eating a healthy, well-balanced diet. Incorporate fresh fruits and vegetables, whole grains, and lean meats. Ensure you are getting enough sleep and regular exercise. Physical activity with gym closures and winter weather can be challenging. A brisk walk outside or around the perimeter of a store can do the trick. There are also many ways to exercise at home especially with access to Netflix or Prime. Please contact me if you would like help setting up a home exercise program or accessing one on your TV. Strive for 30 minutes per day. As we age our immune system weakens. It is important to wash your hands with soap and warm water for 20 seconds. If in public, use a clean paper towel to dry hands then use it to turn off the faucet and open the door. Washing hands is important after using the restroom, before preparing or eating food, and any time you feel like you have contacted contaminated surfaces. It is also important to make sure

surfaces are cleaned regularly with sanitizing solutions especially in the kitchen. Also, remember to clean and sanitize frequently touched surfaces (doorknobs, grocery cart handles, remotes, appliances). This will help cut down on the transfer of bacteria. Wearing a mask and physically distancing 6 feet from others is another easy way to help prevent the spread of respiratory illnesses. I caution on giving dietary and supplemental advice but feel relatively comfortable sharing this information from Dr. Anthony Fauci, Director of NIAID. He personally takes and recommends two types of vitamins to give the immune systems a boost and potentially fend off infection: vitamin C (ascorbic acid) and vitamin D (the "Sunshine Vitamin"). Vitamin C is a good antioxidant, abundant in many fruits and vegetables, that helps boost immune function while promoting skin health. It appears to prevent and treat "respiratory and systemic infections." Because the human body can't produce or store vitamin C, regular consumption of this nutrient in sufficient amounts is necessary. The daily recommended intake of vitamin C is 65 to 90 milligrams for adults. Dr. Fauci also recommends Vitamin D. It is a free gift from Mother Nature because it is the only nutrient produced by the human body when exposed to sunlight (yet another reason to take a walk outside!). Other good sources of vitamin D are fish, egg yolks, and fortified cow's milk. The recommended daily amount of vitamin D from foods is 600 to 800 international units (15 to 20 micrograms). For people that don't get enough sunlight, however, the daily intake should be about 1,000 IU (25 mcg). "If you are deficient in vitamin D, that does have an impact on your susceptibility to infection, so

I would not mind recommending taking vitamin D supplements," said Fauci. Like Vitamin C, Vitamin D is important to the function of the immune system and has been shown to lower the risk of viral respiratory tract infections.

Last, but not least, I would like to encourage everyone to do a mental health check. As the number of COVID-19 cases continues to rise, many people are shunning their holiday traditions to keep themselves and their loved ones safe. Our cherished events and traditions that once filled our calendars are cancelled but now we are experiencing a different type of stress. We are replacing the hustle and bustle of having too much to do during the holiday season with uncertainty, isolation, and the loss of routine and tradition. If you are socially isolating, I encourage you to find ways to connect with others. One example is to schedule weekly phone calls or "Zooms" on various days of the week with friends and family. If you are comfortable, plan physically distanced walks with a trusted loved one (yet another reason to walk outside!!). Please reach out to our church staff if you are feeling lonely or "blue" or if you need help setting up technology to "Facetime" or "Zoom" a loved one.

During these times of uncertainty, especially during the winter months, it is easy to develop sedentary habits and become isolated. I care very much about the physical and emotional health of our congregation. Please do not hesitate to contact me during the holidays. I may not have all the answers, but I am here to help you find them. I truly wish each and every one of you a blessed Christmas season.



foundry church

last christmas...



Middle School Christmas Party



High School Christmas Party



Children's Kidztown Christmas Party



Ladies Christmas Party



Operation Christmas Child



Candlelight Service

December Financial Report

As of October 31, 2020

*Foundry Church fiscal budget for the
year ending 6/30/2021 is \$601,359*



foundry church

Budgeted Income	\$197,784
Actual General Fund Income	\$382,014
Budget vs Income	\$184,230
Budgeted Spending	\$216,315
Actual General Fund Spending	\$163,769
Spending Under Budget	\$52,546
Faith Promise/Ministry Income	\$133,033

PROPERTY

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Place
Stamp
Here

CONNECTGROWSERVE